

# Diary Study Cheat Sheet

For our study, we are using a program called Evernote to record your entries. You can use any combination of text, audio and pictures to make an entry.

## Entry examples

Here are some examples of entries that may inspire you.

### 1. Personal Recollection



*"I remember walking down here the day after the flood. I hadn't realised how bad the damage was until I saw this"*

### 4. Something you'd like to show another member of staff



*"John would like to see this as I know he fought hard for this bridge to be restored last year. "*

### 2. Today's task

*"Today my job is to assess walking tracks. I'm taking a team of contractors into the park to show them the damage. It'll be important for them to see first hand."*

### 3. Task follow-up

*"Today went very well. The contractors were shocked at the damage to the tracks. They asked a lot of questions about access. I couldn't answer some of the questions and will need to follow up when I get to the office. "*

### 5. Record of when someone asks you something

*"Tim just asked if I know when the boardwalk would be rebuilt. We then looked at pictures taken yesterday to get a rough idea of the time it will take".*

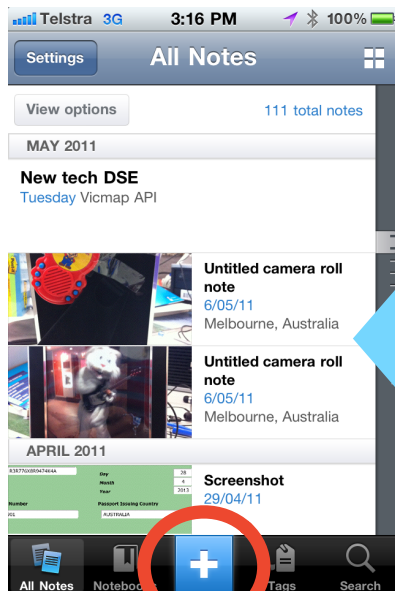
### 5. Record of something you needed to know

*"A contractor just asked about access to Tidal River. I couldn't answer as I wasn't sure when the road would be open."*

**No-one can see your entries except you and the researchers. They are completely anonymous.**

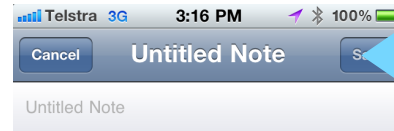
## How to use Evernote

Evernote does many things, but you only need to worry about adding a new note. Press the plus to add a note, record your entry (including any text, pictures and audio recordings), and then press "save".



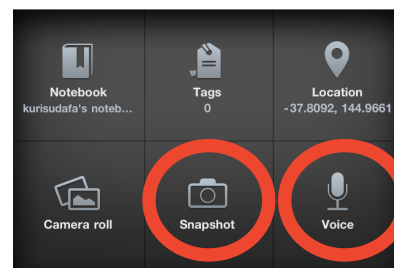
List of previous notes

Make a new note



Save the note

Text description of note



Take a picture

Make a voice recording

## Contact Details

If you have any questions, please don't hesitate to get in touch:

Through-out the study you may receive SMS messages from researchers asking you to make notes around particular topics.

The phones we have given you are not able to respond to SMS messages or make phone calls. We will be able to call you on the phones occasionally, and we will do so throughout the week to see how you are finding the study.